

STR

Stamford Twin Rinks

1063 Hope Street

Stamford, CT 06907

(Tel.) 203-968-9000, ext. 16

(Fax) 203-321-1522

www.stamfordtwinrinks.com

**Figure Skating Training Center
Springdale Figure Skating Club
Springdale Ballet & Dance Academy**

15th Annual Summer Figure Skating & Ballet School June 27 - August 27, 2011

(Plus, Figure Skating Add-ons: June 20 - 24 & Aug. 29 - Sept. 3)

The Facility:

- ♦ Two ice sheets (200' x 85')
- ♦ Jumping harness
- ♦ Digital sound system
- ♦ Professional skate sharpening
- ♦ Mirrored dance studio
- ♦ Skyliners "synchro" teams
- ♦ Four off-ice meeting rooms
- ♦ Legends Café
- ♦ Ice View Sports Bar and Grill
- ♦ New York Sports Club
- ♦ *Skate Zone* pro shop

The Staff:

- ♦ Emily and Frank Cassella, Directors
- ♦ Terri Ann Lowenthal, Asst. Director
- ♦ June Clark
- ♦ Karen Christensen
- ♦ Sabrina Ericson
- ♦ Lauren Finn
- ♦ Susan Marie Hamel-Bottari
- ♦ Frances Gold Lind
- ♦ Larissa Lomonosova
- ♦ Laura Longo
- ♦ Lauren Masterson
- ♦ Lea Ann Miller
- ♦ Caitlin Roberts
- ♦ Marina Spagnuolo
- ♦ Janet Thompson
- ♦ Rebecca Werdelin
- ♦ Cheryl Blenk, Fitness
- ♦ Anwar Berry, Hip Hop
- ♦ Marie Douesnard-Strevens, Ballet/Pilates/
Off-Ice Edge

The Programs:

- ♦ **Summer Figure Skating School** - A comprehensive program, Monday - Friday, including practice sessions, private lesson availability, on-ice clinics, ballet, dance, fitness. *Build your own program!* Choose from full or half summer options. *Legends Café* will meet your dining needs.
- ♦ **Figure Skating Session Subscriptions** - Choose from *5 daily sessions* offered Monday - Saturday and *save!* (Minimum number of sessions required for subscriptions.) Full or half summer options.
- ♦ **Springdale Ballet & Dance Academy** - Ballet, hip hop, pilates, stretching, and fitness classes complement on-ice training. Available Monday - Friday on a subscription basis or as part of your Figure Skating School program.

Convenient location! State-of-the-art facility! Top-flight coaching staff!

FOR DEDICATED SKATERS & RISING STARS ALIKE!

PROGRAM DESCRIPTIONS

SUMMER FIGURE SKATING SCHOOL

(Monday - Friday)

Full Season (9 wks): June 27 - Aug. 26

1st Half Season (5 wks): June 27 - July 29 **2nd Half Season (4 wks):** Aug. 1 - Aug. 26

Daily: One (1) or two (2) ice sessions (you choose!)
Stroking & skating clinic (jumps, spins, footwork,
dance, synchronized skating, program practice)

Weekly One (1) each of the following dance & off-ice classes:
Hip Hop; Pilates; Fitness; Stretch & Strength; Ballet

DESIGN YOUR OWN DAILY PROGRAM! To register on attached form:

- ♦ Choose *full* or *half* summer program. **Single weeks also available!**
- ♦ Choose your daily figure skating session(s).
- ♦ Weekly dance classes included. (10:00-10:50am, daily)
- ♦ Subscribe or walk-on to extra figure skating sessions and off-ice classes.
- ♦ Arrange private lessons with the professional coach of your choice.
- ♦ *Registering for three or more weeks?* Choose your T-shirt size!

FIGURE SKATING SESSION SUBSCRIPTIONS

(Monday - Saturday)

Full Season (9 wks): June 27 - Aug. 27

1st Half Season (5 wks): June 27 - July 30 **2nd Half Season (4 wks):** Aug. 1 - Aug. 27

- ♦ Single sessions available on subscription basis.
- ♦ **Minimum requirements for subscription price:** Choose any *20 sessions* per half season (1st or 2nd); any *30 sessions* for full season.
- ♦ Want to add to initial subscription? Choose additional sessions (*minimum of 20 each time you sign up*) to qualify for subscription price.

SPRINGDALE BALLET & DANCE ACADEMY

(Monday - Friday)

Full Season (9 wks): June 27 - Aug. 26

1st Half Season (5 wks): June 27 - July 29 **2nd Half Season (4 wks):** Aug. 1 - Aug. 26

- ♦ Available as part of Summer Figure Skating School *or as independent program.*
See attached schedule of classes and registration form.
- ♦ Private lessons available by appointment.

PLEASE NOTE THE FOLLOWING IMPORTANT PROGRAM RULES:

- ♦ A **\$25 processing fee** will be charged for each **change of designated sessions or weeks** once registration is received.
- ♦ Figure skating and ballet/dance/fitness walk-ons are allowed if sessions or classes are not full.

SUMMER SKATING AND OFF-ICE SCHEDULES

June 27 - August 27, 2011

(see schedule for first and last add-on weeks)

Skating School Students & Subscribers: Check-in at Admissions and pick up leg sticker daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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FIGURE SKATING

7:00-7:50 am Freestyle/Dance	7:00-7:50 am Freestyle/Dance	7:00-7:50 am Freestyle/Dance	7:00-7:50 am Freestyle/Dance	7:00-7:50 am Freestyle/Dance	
8:00-8:50 am Freestyle	8:00-8:50 am Freestyle	8:00-8:50 am Freestyle	8:00-8:50 am Freestyle	8:00-8:50 am Freestyle	8:00-8:50 am Freestyle/Dance
9:00-9:50 am Adult/Low Freestyle	9:00-9:50 am Adult/Low Freestyle	9:00-9:50 am Adult/Low Freestyle	9:00-9:50 am Adult/Low Freestyle	9:00-9:50 am Adult/Low Freestyle	9:00-9:50 am Freestyle
					10:00-10:50 am Adult/ Low Free
11:00-11:30 am Power Skating Clinic	11:00-11:30 am Skating Clinic	11:00-11:30 am MIF Clinic	11:00-11:30 am Skating Clinic	11:00-11:30 am Skating Clinic	
11:30-12:20 pm Freestyle/MIF	11:30-12:20 pm Freestyle/MIF	11:30-12:20 pm Freestyle/MIF	11:30-12:20 pm Freestyle/MIF	11:30-12:20 pm Freestyle/MIF	
1:30-2:20 pm Freestyle	1:30-2:20 pm Freestyle	1:30-2:20 pm Freestyle	1:30-2:20 pm Freestyle	1:30-2:20 pm Freestyle	

BALLET

9:00-9:45 am Ballet 8-11 yrs.	9:00-9:45 am Ballet 6-7 yrs.
10:00-10:50 am Ballet all ages, intermediate	10:00-10:45 am Pre-Ballet 3-5 years
11:00-11:45 am Ballet 6-7 yrs.	11:00-11:45 am Ballet 8-11 yrs.

OTHER OFF-ICE CLASSES

9:00-9:45 am Hip Hop 8-11 yrs.	9:00-9:45 am Fitness 4 Kids 8-11 yrs.	9:00-9:45 am Stretch & Strength 8-11 yrs.	9:00-9:45 am Pilates 6-7 yrs.	
10:00-10:50 am Hip Hop all ages	10:00-10:50 am Fitness all ages	10:00-10:50 am Stretch & Strength all ages	10:00-10:50 am Pilates all ages	<i>All 10:00am classes are intermediate level.</i>
11:00-11:45 am Hip Hop 6-7 yrs.	11:00-11:45 am Fitness 4 Kids 6-7 yrs.	11:00-11:45 am Stretch & Strength 6-7 yrs.	11:00-11:45 am Pilates 8-11 yrs.	
NEW 12:30-1:15 pm Off-ice Edge Class		12:30-1:15 pm Off-ice Edge Class		<i>This special class is not included in the skating school. See last page for information and registration.</i>

SINGLE Skating Sessions, On-ice Clinics, Off-ice Classes & Ballet

"WALK-ON" FEE: \$18

(WALK-ON FEE FOR OFF-ICE EDGE CLASS: \$30)

- ♦ Pay in advance at Admissions window.
- ♦ Valid only on day of purchase.
- ♦ Wear leg sticker (skating)
or give sticker to teacher at start of class (off-ice).

Don't forget: Subscribe to skating sessions and off-ice classes, and SAVE!

2011 SUMMER PROGRAM REGISTRATION FORM

Please fill out a separate registration form for each member of the family.

Personal information:

Name _____ Age ____ Birthdate ____/____/____
Address _____
City _____ State _____ Zip _____
Home phone _____ E-mail _____
Parent(s) names _____
Work phone _____ Cell phone _____

Skating information:

Home Club _____ USFSA Reg. # _____ Coach _____
Tests passed: Figure _____ Moves _____ Freestyle _____ Dance _____

SUMMER FIGURE SKATING SCHOOL

Season choice (check one):	Daily ice sessions (check one) and Fees:	Amount due:	
<input type="checkbox"/> Full season (9 wks)	<input type="checkbox"/> One (\$1,260)	<input type="checkbox"/> Two (\$1,665)	\$ _____
<input type="checkbox"/> 1st Half Season (5 wks)	<input type="checkbox"/> One (\$ 810)	<input type="checkbox"/> Two (\$1,050)	\$ _____
<input type="checkbox"/> 2nd Half Season (4 wks)	<input type="checkbox"/> One (\$ 648)	<input type="checkbox"/> Two (\$ 840)	\$ _____
<input type="checkbox"/> Single weeks (6/27-8/27)	<input type="checkbox"/> One (\$ 195)	<input type="checkbox"/> Two (\$ 260)	\$ _____

Choose your **daily** skating session(s) from attached schedule: 1. _____ 2. _____

Single week choices (if applicable): 6/27 7/4 7/11 7/18 7/25 8/1 8/8 8/15 8/22

Tell us your T-shirt size (if registering for 3+ weeks): Small Medium Large Extra large

Want to skate more? Fill out next section to add **subscribed** figure skating sessions.

SUBSCRIBED FIGURE SKATING SESSIONS

Subscription rate for all **50-minute sessions:** **\$13.00 per session**

Please choose a **minimum of 30 sessions for Full Season** or a **minimum of 20 sessions for 1st Half or 2nd Half** from the attached Figure Skating Schedule. Summer Figure Skating School students receive preference for choice of sessions.

Full Season (9 wks.) 1st Half Season (5 wks.) 2nd Half Season (4 wks.)

Tell us the exact days & starting times for your session choices for each week. For example, put "6/27, 7:00 & 8:00; 6/28, 9:00; 6/29-30, 8:00 & 9:00; 7/1, 11:30 & 1:30; 7/4, 8:00 & 9:00; etc." until you have met the 20 session minimum requirement for each Half Season or 30 session minimum requirement for Full Season.

6/27-7/2 _____	8/1-6 _____
7/4-7/9 _____	8/8-13 _____
7/11-16 _____	8/15-20 _____
7/18-23 _____	8/22-27 _____
7/25-30 _____	

Total # of subscribed sessions _____ x **\$13.00** = \$ _____

Deposit (minimum 50% deposit due with all registrations) \$ _____

Paying in full before June 1, 2011 Deduct 5% of amount due! \$ _____

Balance due (by June 1, 2011; discount applies to balance only) \$ _____

Big savings!
Compare to \$18
Walk-on rate!

NO DISCOUNTS OR REFUNDS AFTER JUNE 1. NO MAKE-UPS.
NO RE-SELLING OF ICE TIME. \$25 FEE TO CHANGE SESSIONS/WEEKS.

2011 SUMMER PROGRAM REGISTRATION FORM

SPRINGDALE BALLET AND DANCE ACADEMY SUBSCRIPTIONS

Choose from ballet, dance, and fitness classes on attached schedule. Prices are for one class per week.

Season choice (check one):	Fees:	# of classes/week	Amount due:
<input type="checkbox"/> Full season (9 wks)	\$117	x _____	\$ _____
<input type="checkbox"/> 1st Half Season (5 wks)	\$ 75	x _____	\$ _____
<input type="checkbox"/> 2nd Half Season (4 wks)	\$ 60	x _____	\$ _____

Choose your class(es) from attached schedule:

Class _____ Day _____ Time _____ Age/Level _____

Class _____ Day _____ Time _____ Age/Level _____

Off-ice fees (payment in full required) \$ _____
Paying in full before June 1, 2011 Deduct 5% of amount due! \$ _____
Total due \$ _____

Add single classes to your summer fun!

- ==> **Walk-on rate for single off-ice classes -- \$18.00**
- ==> Pay in advance at Admissions window for single off-ice classes.
- ==> Day-of-class purchases only!
- ==> Show walk-on sticker to instructor at start of class.

TOTAL PAYMENT INFORMATION

Return in person or by mail to: STR, 1063 Hope St., Stamford, CT 06907

PLEASE NOTE: Refunds until 6/1/11, less 15% service charge. No refunds or discounts after 6/1/11.

Summer Figure Skating School balance (from previous page) \$ _____
Figure Skating Session Subscriptions (from previous page) \$ _____
Springdale Ballet & Dance Academy (from above) \$ _____

TOTAL AMOUNT ENCLOSED \$ _____
Balance due by June 1 (if any) \$ _____

Payment options: Cash Check (payable to Stamford Twin Rinks)

Visa Mastercard Credit card #: _____ Exp. Date ____/____

Cardholder's signature _____ Date _____

THANK YOU! WE APPRECIATE YOUR BUSINESS!

Please read and sign waiver below.

I agree to waive liability and release any and all claims against RivCan Associates, owner ("Owner") of Stamford Twin Rinks (the "Facility"), its owners, Springdale Figure Skating Club, its members, and all of their officers, employees and agents and the Springdale Ballet Academy for injuries and damages suffered by myself or my children 18 or under, for whom I am signing, during programs at the Facility or while at the Facility for any other reason, whether on or off the ice. I acknowledge that ice skating and other physical activities at the Facility involve risk of serious bodily injury. I fully accept and assume all risks and all responsibility for all losses and damages incurred as a result of my participation and my children's participation in these activities. I have read the Rules of the Stamford Twin Rinks and the Conduct of Skaters/Rules for Figure Skating Sessions of the Springdale Figure Skating Club and will abide by them. I have explained the Rules to my children. I agree that the staff of the Club or Facility may require the withdrawal from any session of any skater who violates the Rules.

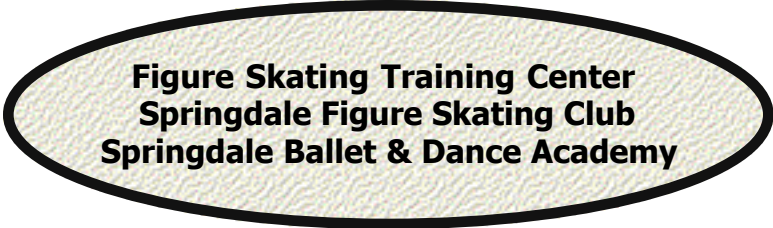
Signature of Applicant _____ Date _____

Signature of Parent or Legal Guardian _____
(if applicant is under 18)

For office use: Date received _____ Entered on attendance sheets _____

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 www.StamfordTwinRinks.com
 www.SpringdaleFSC.org



Special Figure Skating Sessions
SUBSCRIPTIONS & SCHEDULE
June 20 - 24 & August 29 - September 2, 2011

Only Skating School or Skating Camp participants and skaters who have subscribed to 2011 Summer Individual Figure Skating sessions may subscribe to a minimum of any 5 sessions per week.

All others must pay walk-on price.

Figure skaters may not practice figure skating moves (jumps, spins, MIF, dance patterns, programs, etc.) or schedule lessons on public skating sessions.

Name _____ Home Phone _____
 Address _____ City _____ State _____ Zip _____
 E-mail Address _____

June 20 - 24, 2011
Choose a minimum of any 5 sessions to qualify for subscription price.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<input type="checkbox"/> 7:00-7:50am	<input type="checkbox"/> 7:00-7:50am	<input type="checkbox"/> 7:00-7:50am	<input type="checkbox"/> 7:00-7:50am	<input type="checkbox"/> 7:00-7:50am	
<input type="checkbox"/> 8:00-8:50am	<input type="checkbox"/> 8:00-8:50am	<input type="checkbox"/> 8:00-8:50am	<input type="checkbox"/> 8:00-8:50am	<input type="checkbox"/> 8:00-8:50am	
<input type="checkbox"/> 9:00-9:50am	<input type="checkbox"/> 9:00-9:50am	<input type="checkbox"/> 9:00-9:50am	<input type="checkbox"/> 9:00-9:50am	<input type="checkbox"/> 9:00-9:50am	
<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm		
<input type="checkbox"/> 4:00-4:50pm	<input type="checkbox"/> 4:00-4:50pm	<input type="checkbox"/> 4:00-4:50pm	<input type="checkbox"/> 4:00-4:50pm		

Total # of sessions subscribed _____ x \$13 \$ _____

August 29 - September 2, 2011
Choose a minimum of any 5 sessions to qualify for subscription price.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<input type="checkbox"/> 1:00-1:50pm	<input type="checkbox"/> 1:00-1:50pm	<input type="checkbox"/> 1:00-1:50pm	<input type="checkbox"/> 1:00-1:50pm	<input type="checkbox"/> 1:00-1:50pm	<input type="checkbox"/> 8:00-8:50am
<input type="checkbox"/> 2:00-2:50pm	<input type="checkbox"/> 2:00-2:50pm	<input type="checkbox"/> 2:00-2:50pm	<input type="checkbox"/> 2:00-2:50pm	<input type="checkbox"/> 2:00-2:50pm	<input type="checkbox"/> 9:00-9:50am
<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 3:00-3:50pm	<input type="checkbox"/> 10:00-10:50am

Total # of sessions subscribed _____ x \$13 \$ _____

Walk-ons: \$18 per session

Cash Check Visa Mastercard Credit card # _____ Exp. Date ____/____

Cardholder's Signature _____ Date _____ Check payable: Stamford Twin Rinks
Return with full payment in person or by mail to: Stamford Twin Rinks, 1063 Hope Street, Stamford, CT 06907

PLEASE SIGN WAIVER ON OTHER SIDE

Waiver of Liability

I agree to waive liability and release any and all claims against RivCan Associates, owner ("Owner") of Stamford Twin Rinks (the "Facility"), its owners, Springdale Figure Skating Club, its members, and all of their officers, employees and agents and the Springdale Ballet Academy for injuries and damages suffered by myself or my children 18 or under, for whom I am signing, during programs at the Facility or while at the Facility for any other reason, whether on or off the ice. I acknowledge that ice skating and other physical activities at the Facility involve risk of serious bodily injury. I fully accept and assume all risks and all responsibility for all losses and damages incurred as a result of my participation and my children's participation in these activities. I have read the Rules of the Stamford Twin Rinks and the Conduct of Skaters/Rules for Figure Skating Sessions of the Springdale Figure Skating Club and will abide by them. I have explained the Rules to my children. I agree that the staff of the Club or Facility may require the withdrawal from any session of any skater who violates the Rules.

Signature of
Applicant _____ Date _____

Signature of Parent or Legal
Guardian _____
(if applicant is under 18)

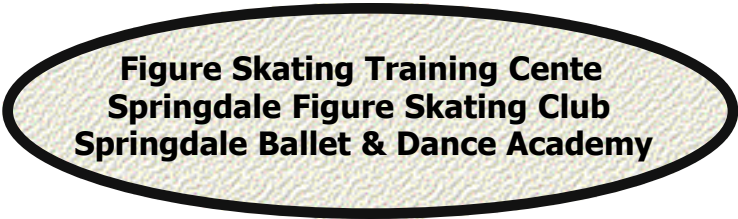
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Date received _____

Entered on attendance sheets _____

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15th Annual Summer Figure Skating & Ballet School June 27 - August 27, 2011

Subscribe
and Save:
\$18 per class

Off-Ice Edge Class

Off-Ice Edge™ Platform Classes - The OIE Platform is specifically designed to engage important muscles and provide strength training to improve on-ice technique, but **off the ice with skates on!** As seen in *SKATING* and *PSA* magazines, the OIE Platform is now being used by aspiring, competitive, Olympic and World level skaters.

Class Information

Subscribe by **June 20** for 1st or 2nd Half Season
Single-class subscriptions available only to Skating School students
and Figure skating ice subscribers.

After June 20, walk-ons accepted. (Space permitting.)

Limit six (6) to a class.

Priority given to Half Season subscribers over Single-class subscribers.

All registrations accepted on a first-come, first-served basis.

Walk-on fee applies after June 20th.

Registration

- 1st Half Season (5 wks. June 28-July 28) **12:30-1:15 pm** Tuesday \$90 Thursday \$90 \$ _____
- 2nd Half Season (4 wks. Aug. 2-Aug. 25) **12:30-1:15 pm** Tuesday \$72 Thursday \$72 \$ _____
- Single classes Tues. 6/28 7/5 7/12 7/19 7/26 8/2 8/9 8/16 8/23
Thurs. 6/30 7/7 7/14 7/21 7/28 8/4 8/11 8/18 8/25

Total # classes ___ x \$25 \$ _____

Total Enclosed \$ _____

Walk-ons: \$30 per class, if class is not full.

NO DISCOUNTS, REFUNDS, MAKE-UPS, or RE-SELLING OF CLASS.

Cash Check Visa Mastercard Credit card # _____ Exp. Date ____/____

Cardholder's Signature _____ Date _____ Check payable: Stamford Twin Rinks

Return with full payment in person or by mail to: Stamford Twin Rinks, 1063 Hope Street, Stamford, CT 06907

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Signature of
Applicant _____

Date _____

Signature of Parent or Legal
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(if applicant is under 18)

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