



SPRINGDALE BALLET and DANCE ACADEMY
at
STAMFORD TWIN RINKS
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*The Springdale Ballet Academy Program is divided into three seasons - Fall/Winter, Winter/Spring, Summer.
 Choose the class(es) you wish to attend and fill out the Registration Form.
 Return with full payment in person or by mail.*

Pre-Ballet	Children ages 4 to 5 are introduced to basic ballet in a positive and creative environment. Students develop a foundation for traditional ballet training as well as a love of movement and music.
Ballet	Children 6 years and older and adults study traditional ballet, gaining strong technique including knowledge of terminology, proper body alignment and self discipline.
Ballet/Tap Combo	This fun-filled class is designed for the young dancer, introducing them to both ballet and tap dance. The class focuses on movement, coordination, rhythm and basic classroom etiquette.
Broadway Dance	This class focuses on achieving flexibility, strength, and technique through movements based on Broadway-style dance. Students build on this technical development with Broadway -based dance routines.
Yoga-laties	This class combines yoga and pilaties. The class will cover yoga poses to help with strength, flexibility and concentration. The pilaties portion of the course will work on core muscle strength, physical and mental conditioning to achieve a balanced body.

UNIFORM

Girls - Pre-Ballet and Ballet I:	Pink leotard, any sleeve length, pink tights, pink leather ballet slippers (Capezio)
Ballet II:	Black leotard, pink tights, pink leather ballet slippers (Capezio)
Yoga-laties	Comfortable workout /dance clothing
Broadway Dance	Comfortable workout/dance clothing
Boys - All levels:	White T-shirt tucked into black tights or cotton lycra shorts, white socks, black ballet shoes
Adult/Teen:	Comfortable clothing/dance attire. Shoes - Leather ballet slippers. Jazz sneakers or split sole jazz shoe. Capezio Oxford leather tap shoes (recommended).

Uniform requirements must be followed. Necklaces and bracelets are not permitted in class. Hair must be neatly pulled back. Ballet classes - Ponytails are acceptable for girls 7 and younger, thereafter, buns are required. No jeans are allowed. All ballet shoes must have elastic sewn on instep 1 1/2 in. - 3 in. from the heel seam, (black for boys, pink for girls)

**Missed classes may be made up with the permission of the teacher and may not be carried into the next season cycle
 Adult 10 class punch card is good for any adult class, valid for 6 mos. from date of purchase**

Parents week, last week of classes, parents are cordially invited to observe their child's classes) during this special week



Stamford Twin Rinks

1063 Hope Street
Stamford, CT 06907

www.StamfordTwinRinks.com

SPRINGDALE BALLET and DANCE ACADEMY

SCHEDULE OF CLASSES

September 8, 2009- June 18, 2010

Phone: (203) 968-9000 Ext4

FAX: (203) 321-1522

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					9:30-10:15 Pre-Ballet 4-5 years
					10:20-11:05 Pre-Ballet 4-5 years
					11:15-12:15 Ballet I/II 6-11 years
3:15-4:15 Yoga-laties all ages		3:45-4:30 Pre-Ballet/Tap Combo 4-5 years	3:45-4:30 Pre-Ballet 4-5 years	3:30-4:15 Pre-Ballet/ Tap Combo 4-5 years	Afternoon Ballet for SynchroTeam
4:15-5:15 Broadway Dance, Level II 8-12 years		4:30-5:50 Private lessons by appointment	4:30-5:30 Ballet I 6-8 years	4:15-5:15 Ballet I/Tap Combo 6-8 years	
5:15.... Private lessons by appointment		5:50-6:50 Ballet for Synchro Team	5:30-6:30 Ballet II 8-12 years	5:15..... Private lessons by appointment	
			6:30-7:30 Teen/Adult Ballet Intermediate 13 & older		

The teacher has the authority to change a student's class if the level is not suitable.

No Classes

Hockey Tournament - Saturday - September 26, 2009

Thanksgiving - Thursday - November 26, 2009

Christmas Vacation - Thursday, December 24, 2009 - Sunday, January 3, 2010

Memorial Day - Monday, May 31, 2009

SPRINGDALE BALLET and DANCE ACADEMY

REGISTRATION FORM

September 8, 2009 - June 18, 2010

Please fill out a separate form for each member of the family.

Name _____ Age _____ Birthdate _____ M F

Address _____ City _____ State _____ Zip _____

E-mail Address _____

Parent/Guardian _____ Phone: Home _____ Bus. _____

Previous ballet experience (new student) _____

Check classes desired:

Days	Time	Fall/Winter 9/8-1/30	Winter/Spring 2/1-6/18	Total
Monday	3:15- 4:15 pm Yoga-laties	19 wks. <input type="checkbox"/> \$266	19 wks. <input type="checkbox"/> \$266	\$ _____
	4:15- 5:15 pm Broadway Dance, Level II	19 wks. <input type="checkbox"/> \$266	19 wks. <input type="checkbox"/> \$266	\$ _____
Wednesday	3:45- 4:30 pm Pre-Ballet/Tap Combo	20 wks. <input type="checkbox"/> \$220	20 wks. <input type="checkbox"/> \$220	\$ _____
	5:50- 6:50 pm Synchro Team Ballet	Team only	Team only	\$ _____
Thursday	3:45- 4:30 pm Pre-Ballet	18 wks. <input type="checkbox"/> \$198	20 wks. <input type="checkbox"/> \$220	\$ _____
	4:30- 5:30 pm Ballet I	18 wks. <input type="checkbox"/> \$252	20 wks. <input type="checkbox"/> \$280	\$ _____
	5:30- 6:30 pm Ballet II	18 wks. <input type="checkbox"/> \$252	20 wks. <input type="checkbox"/> \$280	\$ _____
	6:30- 7:30 pm Teen/Adult Ballet	18 wks. <input type="checkbox"/> \$252	20 wks. <input type="checkbox"/> \$280	\$ _____
Friday	3:30- 4:15 pm Pre-Ballet/Tap Combo	19 wks. <input type="checkbox"/> \$209	20 wks. <input type="checkbox"/> \$220	\$ _____
	4:15- 5:15 pm Ballet I/Tap Combo	19 wks. <input type="checkbox"/> \$266	20 wks. <input type="checkbox"/> \$280	\$ _____
Saturday	9:30-10:15 am Pre-Ballet	18 wks. <input type="checkbox"/> \$198	19 wks. <input type="checkbox"/> \$209	\$ _____
	10:20-11:05 am Pre-Ballet	18 wks. <input type="checkbox"/> \$198	19 wks. <input type="checkbox"/> \$209	\$ _____
	11:15-12:15 pm Ballet I/II	18 wks. <input type="checkbox"/> \$252	19 wks. <input type="checkbox"/> \$266	\$ _____
	Afternoon Class - Synchro Team Ballet	Team only	Team only	\$ _____

TOTAL _____

Adult 10 class punch card - \$170, valid 6 mo. from date of purchase _____

TOTAL AMOUNT _____

Cash Check Visa Mastercard Credit Card # _____ Exp. Date _____

Cardholder's Signature _____ Date _____

Check payable: **Stamford Twin Rinks** Return with full payment in person or by mail to:
Stamford Twin Rinks, 1063 Hope Street, Stamford, CT 06907
No refunds or credits

We reserve the right to cancel any class due to insufficient enrollment, but every effort will be made to place you in a class at another time.
Please sign waiver on other side

IMPORTANT INFORMATION FOR STUDENTS

- 1.. **Current students have priority to register up to one month before the start of each new cycle.** Thereafter, everyone is on a first-come first-serve basis. If your choice of class is filled, we will call to give you alternate choices.
2. **Your canceled check or credit card statement is your receipt and confirmation.** (A non-refundable processing fee of \$30 is included in the cost of the class.)

WAIVER OF LIABILITY

I agree to waive liability and release any and all claims against RivCan Associates, owner ("Owner") of Stamford Twin Rinks (the "Facility"), its owners, Springdale Ballet Academy, and all of their officers, employees and agents for injuries and damages suffered by myself or my children 18 or under, for whom I am signing, during programs at the Facility or while at the Facility for any other reason, whether in ballet class or not.

Signature of Applicant _____ Date _____

Signature of Parent or Legal Guardian _____
(if applicant is under 18)

For office use:

Date received _____

Class card information entered _____